



packing list

Keep it with you (carry-on)

- Documents: Passport/ID's/Visas
- Tickets: Plane/Train
- Car reservation
- Cash/Credit Card/ATM Card
- Directions needed
- Itinerary
- Address book: address/phone/e-mail
- Any medication you might need
- Medical card/ID
- arrival survival or clean getaway kit

Extras...yet essential

- Sunglasses
- Pen and Paper
- Books/Novels
- Lip balm, skin lotion - travel can be drying...
- Ear plugs
- Snacks and drinks (if possible)
- Misc. equipment that you might need
- Essentials you might need with you if anything goes wrong at or before arrival undies, t-Shirt and etc.
- on the go kit: travel
- emergency undies

BASICS

- Underwear
- Bra
- Panyhose/Tights/Leg warmers
- Shirts
- T-shirts
- Shorts
- Socks
- Pants, Jeans
- Skirt/Dress
- Sweater/ Light Jacket
- Walking shoes
- Sandals (Flip-flops)
- Shoes
- Pajamas
- Dress-up outfit(s)
- Don't forget the shoes!

Miscellaneous

- Scarf
- Jewelry
- Watch
- Belt
- Cap (Hat)

Options (location or weather)

- ### Wet weather
- Raincoat
 - Umbrella

Cold weather

- Jacket
- Gloves/Mittens
- Long underwear
- Wool cap

Tropical/warm weather

- Swim Gear (trunks/bikini)
- Beach/Pool Cover-up
- Beach Towel

PERSONAL CARE

Toiletry Bag

- Razor
- Shave gear
- Toothbrush (Electric w/ charger)
- Toothpaste
- Dental floss
- Soap/Soap box
- Shampoo
- Conditioner
- Styling products (hair)
- Deodorant
- Sun block lotion
- Contact lenses
- Container for contact lenses
- Lens cleaning liquid
- Extra glasses
- Make-up
- Tampons
- Comb
- Hair brush
- Facial cleanser
- Moisturizer: face and body
- Cotton swabs & Balls
- Stain remover towelettes
- Nail file (manicure set)
- Tweezers

Personal health items

- Prescription medicine
- Condoms
- Contraceptive Pills
- Tampons/Panty liners
- Fever/Cold tablets
- Other pills, tablets and medicines
- Allergy pills (Antihistamines)
- Sleep aids
- First aid stuff
 - Adhesive bandages
 - moleskin for blisters
 - elastic tape
 - scissors
 - ointment
 - Insect repellent

ELECTRICAL STUFF

- Cell Phone and charger
- Computer and charger
- Wall socket adapter set
- Extra batteries: camera, watch, MP3-player, PDA and GPS
- Camera/ Digital camera and equipment
- Film/ Memory cards
- Camcorder: equipment and charger
- Camera bag
- Music items/Music player and charger
- Headphones

DON'T FORGET...

- Journal
- Guidebook/ Maps
- Discount coupons/cards
- Lock the doors/Set alarm
- Turn off the coffee maker & alarm clock

Packing

- Suitcase
- Carry-on
- Backpack/Knap sack/Day pack
- Extra bag for souvenirs/purchases

Just print & pack, don't rethink it every trip...You are prepared!